

Robert F. Kennedy, Jr., “What’s Behind the Explosion of Children’s Chronic Illnesses?”

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[ALG]

Hello, my friends. I'm Ann Louise Gittleman, your host for the *First Lady of Nutrition Podcast*. This episode is brought to you by Uni Key Health Systems, Inc. Uni Key is a dietary supplement company, which offers all my formulations for weight loss, for immunity, and for healthy aging. Please do check them out at unikeyhealth.com.

My guest today really needs no formal introduction. His stellar career, his accomplishments and his fierce environmental advocacy certainly speak for themselves. He's also a best-selling author of many books including the *New York Times* bestseller *Crimes Against Nature*. He's the president of Waterkeeper Alliance, which has become the world's largest clean water advocacy group. He's the Founder, Chairman of the Board, and Chief Legal Counsel for Children's Health Defense. He's an environmental champion. He's a legendary humanitarian. He was named one of *Time Magazine's* Heroes for the Planet. He's also one of my personal heroes. We're proud to welcome Robert F. Kennedy, Jr., to the *First Lady of Nutrition Podcast*. Good day, Mr. Kennedy.

[RFK]

Good day, how are you?

[ALG]

Pretty terrific! If I can just plunge in here to the deep end of the pool... once and for all for my listeners, Mr. Kennedy, can you clarify your stance on vaccines and dispute the widely-held beliefs that you're a die-hard anti-vaxxer? The podium is all yours.

[RFK]

Yeah, I'm not an anti-vaxxer, I want safe vaccines, I want robust science. I'd like to see the same kind of safety studies that are required for every other medication and every medical product, which is double-blind placebo studies. Unfortunately, vaccines are exempt from pre-licensing safety studies. People will say, "Well that sounds crazy" and it is crazy, but it's true. That is an artifact of CDC's legacy as a public health service. The public health service was a quasi-military agency which is why people at the CDC have military ranks and they dress in uniforms. The vaccine program was initially launched as a national security defense against biological attacks against our country. So they wanted to make sure that if the Russians

attacked us with Anthrax or another biological agent we could quickly formulate and deploy a vaccine to 200 million American civilians without regulatory impediments.

So they said if we call it a medicine we'll have to safety test it but that takes years, so we'll call it something else, we'll call it a Biologic and we will exempt Biologics from safety testing, and that's what they did.

Then in 1989 there was a huge gold rush to put new vaccines on the schedule, and the reason for this was in 1986 Congress passed a vaccine act, VICP, which gave blanket immunity from liability to vaccine companies so that no matter how badly injured you are, no matter how negligent the company is, no matter how toxic the ingredients, you cannot sue them. That suddenly made vaccines immensely profitable. And there was a rush by the four companies that make all of our vaccines to add new products to the schedule. We went from having three vaccines when I was a kid, to 72 doses of 16 vaccines that children need to take to remain in school.

[ALG]

So is there such a thing as a healthy vaccine?

[RFK]

Well there may be, but we won't know it without a safety net. We can't just assume that a vaccine is averting more problems than it's causing.

Let me say this, the vaccine industry went to Congress in 1986 and said, "We cannot make vaccines safely. No matter how we make them, some people are going to get killed by them, and some are going to get grievously injured, so we are going to stop making them altogether." At that point, Wyeth told Congress that they were paying \$20 in downstream liability damages for injuring people for every dollar they were making in profit. The phrase that they used was that vaccines are "unavoidably unsafe," and that is the phrase that actually is in the statute. They said we cannot make them safe. They told Congress they were going to get out of vaccine production unless you give us immunity from liability, and Congress did that. The problem is that when Congress did that, it removed any incentive those companies had to make those vaccines safe.

So now the companies have an incentive to make the vaccine dangerous, because if you can give somebody a chronic disease with your vaccine, then you have a lifetime customer. If you look on the vaccine inserts, they acknowledge that they cause diabetes, they cause arthritis, they cause over 100 autoimmune diseases that have now become epidemic, they cause food allergies, asthma, Eczema, neurodevelopmental disorders like ADD, ADHD, narcolepsy, tics, etc. Those are all injuries, chronic diseases that are incurable that require lifetime treatment, and the vaccine companies are ^{**[6;48;12]} Unintelligible ^[6;56;12] are now making about half a trillion dollars a year selling treatments for chronic diseases that are listed as side effects of their own vaccines.

[ALG]

So what particularly is there in the vaccines that make them so toxic? I know you've gone to bat against Thimerosal; is that still an ingredient in most vaccines?

[RFK]

No, it's not in most American vaccines anymore, it was removed from three of the Pediatric vaccines in 2003, but it's still in the flu vaccine, and the flu vaccine is still recommended for pregnant women in every trimester, and it is recommended for children at six months of age and every year thereafter. So the children of this generation that's growing up now were just saturated with mercury. The vaccines, when they took the mercury out, they replaced it with aluminum, which is also a very very potent neurotoxin. It's associated with dementia, depression, suicidal behavior, and Alzheimer's, premature Alzheimer's, etc., and many many other diseases. In addition to that, there are many ingredients, there are 38 ingredients that are in at least two vaccines, many of them are known carcinogens and toxins like formaldehyde, borax, and Polysorbate ADE, and many others. And then, of course, there's a lot of DNA. There's animal DNA. There's monkey DNA, there's Cocker Spaniel DNA, there is insect DNA in many vaccines. Worst of all, there's human DNA, and some of it is tumorigenic. In other words it's taken from human fetuses that have been rendered immortal by making them cancerous. And they use that as a substrate to grow viruses on during the production process, but it's impossible for them to remove it all during that production process so a lot of it is left in the vaccine and nobody has any idea whether injecting human beings with human DNA, carcinogenic DNA, may cause cancer or other injuries. Indeed the generation that is the vaccine generation has the highest cancer rates in history, particularly soft tissue cancers that are associated with the ingredients that are in vaccines.

So the answer is we don't really know because the testing has never been done. None of those products are ever safety tested, none of those ingredients are ever safety tested. Basically, what we're conducting here is a huge, huge human experiment. And a lot of people will say "well, it's OK to have collateral damage, to injure certain people to protect the herd from the infections that used to kill so many people." But in fact virtually all of those infectious diseases or mortalities from infectious diseases, in other words, the deaths from those diseases, had largely been eliminated before the introduction of any vaccine. For example, measles killed a lot of people in the 1900s and the first two decades of the 20th century, but by 1963 when the vaccine was introduced, measles mortality had dropped down to 1 in every 500,000 people. So in '62 there were only 400 people who died from measles, and they were almost all children who were extremely malnourished and vitamin A deficient. This was before the poverty programs in our country that eliminated that kind of malnutrition, largely. It's highly likely that measles mortality would have disappeared altogether without the introduction of the vaccine. The CDC in 2000 looked at the question about what role had vaccines played in the elimination of mortalities from infectious diseases from polio, diphtheria, smallpox, measles, scurvy, tuberculosis, etc., and they did an extensive study. The study is, by the way, for anyone who wants to look it up called Guyer, that was the senior author, but it was a group of Johns Hopkins virologists and epidemiologists, statisticians, and researchers from the CDC and it was published in *Pediatrics*. What they found and the CDC concluded was that vaccines had almost nothing to do with the elimination of mortality from infectious disease. That the huge drop in mortalities in developed nations had occurred because of greater nutrition, electric refrigerators, chlorination, clean water, and had almost nothing to do with the introduction of vaccines.

There's been study after study that says that. There's been this kind of mythology from people that promote the industry that says, "Well our industry eliminated deaths" in fact is false. There's really very little scientific evidence that is true.

[ALG]

So we're in the midst of a pandemic and they want to fast track a vaccine, tell me what your thoughts are on that.

[RFK]

Well, there's 200 companies out working on a vaccine, and the question is what do we want from a vaccine. I think what most people think a vaccine is going to do, is you take one shot you get lifetime immunity, and that there's almost no side effects. I think we're not likely to get that, even with 200 people trying to get it that it's not likely to happen I think. In fact the industry now and the motors right now are in a very, very active campaign to dial back expectations, and to say to people, "well, it's not going to give you lifetime immunity, it might only give you immunity for a few months but that's OK, that's a success. And we may not be able to stop transmission, in other words if you get the vaccine you still may be able to transmit the disease to people," that's true of many vaccines. The chickenpox vaccine says on the label if you get this vaccine you shouldn't go near pregnant women or immunocompromised people for six weeks. The flu vaccine makes you into an asymptomatic carrier for the flu. The same is true of the polio vaccine.

So today about 70% of the people in the world with polio have vaccine strain polio, which means they either got it from the vaccine or they got it from somebody who had the vaccine and spread it to their community. So, I don't think people understand that happens. For example, during a 2016 measles outbreak in Disneyland, about 39% of people that they know of in that outbreak actually had vaccine strain measles. The measles came from the vaccine, it was blamed subsequently on the "anti-vaxxers" but actually it came from people who were vaccinated.

Vaccines are very complex in ways that people don't understand. The flu vaccine, I think we're likely to get something that's a lot like the flu vaccine which originally the promoters of the vaccine and the industry said, "We're going to give the flu vaccine. You get it once, you have lifetime immunity from the flu." And once people bought into that, they then dialed back expectations so now everyone just says that you have to get it again every year. And, by the way, it doesn't really prevent the flu. And the science indicates that if you get that vaccine you're 4x more likely to get a non-flu vaccine that looks like the flu. That's why everybody knows somebody that said, "I got the flu vaccine and I got a terrible flu." Well what you probably got was a non-flu infection, you got an infection that looks and feels like a flu, but it's one of the many, many hundreds of viral upper respiratory infections that is not flu.

So, the talk and collaboration a couple of years ago, well actually two times in 2010 and 2017 looked at the meta reviews, meaning all of the published literature on the flu vaccine and what they found, and BMJ (the *British Medical Journal*) editor Peter Doshi did the same thing, and what they concluded was that in order to prevent one case of flu that you had to give 100 vaccines to people. And by the way, the CDC will say that the flu vaccine has a 37% efficacy and people say "oh that sounds pretty bad, but at least 37% of people won't get the flu," but what it really means is if there's 1% of people who get the flu until 1.37 this year will not get the flu. It's not actually the actual risk, it's the relative risk they give you, and it's deliberately

deceptive because there's no way that the flu vaccine with constant collaboration which is the ultimate arbiter of pharmaceutical product science that is that there's zero evidence that the flu vaccine prevents any hospitalizations and zero evidence that it prevents any deaths, and that was the whole justification for the flu vaccine, that it would prevent deaths in the fragile elderly, but since we've proliferated the flu vaccine, the lifespan of the American elderly has dropped dramatically, so there's been no visible benefits from the flu shot.

We know that you transmit the flu once you get the shot, plus the vaccine court has paid out a billion dollars in injuries and deaths from the flu shot. The flu shot is causing, we know, a lot of mayhem. We do not know if it's preventing any. There's no evidence that it is, according to the most reliable science and the most reliable sources.

[ALG]

So when we present all this research and science-backed information, why is there such a visceral, almost negative response among many out there? Do you know the psychology of that?

[RFK]

This one is promoted by institutions that are trusted institutions in our society and by active propaganda. It's not science-based. The reaction to it, to people who disagree, is pretty typical of religious-like beliefs throughout history. You know, the heretics cannot be debated, they cannot be listened to, they cannot be allowed to speak, they must be burned at the stake. And you run into this real anger at people who say, "Oh wait a minute, the science actually says the flu shot doesn't actually work." Nobody will hear that. Your doctor will fire you, your neighbor will stop talking to you, your family members will be angry at you. It's an orthodoxy, and like all orthodoxies it's cruel. It's occasionally lethal, it's misogynist. Those are the characteristics of an orthodoxy to begin with. The capacity to simply dismiss or ignore the word of a million mothers who say that their child was injured by a vaccine and you have to say "Well that's not science, that's just your story, and you're mistaken" and that's a weird thing.

[ALG]

Very weird, and very disconcerting. So what does the future hold for Robert F. Kennedy, Jr.? Do you expect to expand the scope of the Children's Health Defense movement to mercury fillings perhaps?

[RFK]

We already do all toxic exposures to children, we look at amalgams, we're fighting fluoride, we're fighting glyphosate, we're on the cutting edge of fighting the expansion of 5G and wireless, deionizing radiation, EMFs. We're doing all of those things, pesticides, etc.

[ALG]

So how can we support you in your work? What can we do, get the word about the Children's Health Defense Movement?

[RFK]

Go to childrenshealthdefense.org and join the Army. We're suing FCC for 5G, we're suing Merck for Gardasil, we're suing all of these different companies who are part of the problem, and we do education. What we do is, we have a very strong staff that includes scientists, doctors, nurses, professionals, and we read the science as it's coming out and we distill it, we make it so it's comprehensible and accessible, and we translate it and tell people, "here's what you can say about the science safely, and accurately and precisely." And we've kind of weaponized information for people who want to challenge the orthodoxy, and that's really our role. If there are people out there who will say things about vaccines that are anti-vax that are untrue, we'll say that's not true, you can't say that, here's what you can say, here's the truth. What we really do is search for empirical truth, to try to really figure out what's real, what's not real. Then tell people that. So we stay current on all the science and we have a section of our website where we digest the science as it comes out. There are new studies that come out three, four, five days a week, and we try to stay on top of all those.

[ALG]

Do you offer treatment protocols for people that might have been injured or children that might have been injured with certain vaccines, mercury protocols, cellation protocols, ozone protocols?

[RFK]

Well, we do a little bit of that, I mean we're not doctors and we're not giving medical advice and we're careful not to do that, but we do translate the science and if there are doctors who are writing about that we publish their stuff and our publication is about to expand dramatically so we're going to be able to do more and more of that. What we really want to do is become a site for open debate, so that people who agree with us and people who do not agree with us are equally comfortable coming to our site and debating the science. We're going to curate the site very carefully so there's no vitriol, we're going to eliminate partisanship to the extent that we can, and really try to have what we used to have in our democracy, which is critical for our democracy, which is a civil debate about facts and about science.

[ALG]

Amen to that.

[RFK]

We don't see that happening anywhere else.

[ALG]

Any parting words for our audience, Mr. Kennedy, before we let you go?

[RFK]

No, but thank you very much for having me.

[ALG]

My pleasure, and I want to thank you for your moral courage and your relentless advocacy for those who cannot advocate for themselves, God bless you.